

Help is always a call or text away.

Save these contacts on your phone or click the underlined font to call or access the organization's website

24-HOUR CRISIS SERVICES

(Please dial 911 in a **medical** emergency)

Crisis Text Line – Text: 741741

CHA Crisis Line – (833) 222-2030

Eliot Crisis Services – (800) 988-1111

SafeLink Domestic & Sexual Violence Line – (877) 785-2020

SafeSpot Overdose Prevention Hotline – 1 (800) 972-0590 (a non-judgmental and safe 24/7 hotline for overdose spotting)

Suicide Prevention Lifeline – (800) 273-8255. Español: (888) 628-9454

Deaf & Hard of Hearing: (800) 799-4889. Free, Available 24 hrs. a day; 7 days a week.

HOUSING SERVICES

ABCD Mystic Valley Housing Services – Malden/Medford/Everett only. (781) 321-3431 or (617) 348-6347

Bay Cove Transitional Housing – Senior, disabled, & transitional housing. Human services. (617) 371-3000

Homestart, Inc. – Eviction prevention, housing stabilization & housing search services. (617) 542-0338

Housing Families – (781) 322-9119 or (781) 324-1303

Malden Housing Authority – Housing Choice Voucher Program. (781) 322-9460 or (781) 322-8007

Mass Housing and Community Development (EOHLC) – (617) 573-1100

Massachusetts Tenancy Preservation Program (Middlesex Housing Court) – Eviction prevention for people with disabilities. (617) 788-8485

MassHousing – Tenancy preservation, dispute resolution + Sober housing. (617) 854-1000

Metro Housing Boston – (617) 859-0400

Somerville Homeless Coalition – (617) 623-6111

HEALTHCARE & HUMAN SERVICES

AIDS Action - New England's largest provider of services to people living with HIV/AIDS and populations at risk of infection. (617) 267-0159

Boston Healthcare for the Homeless – Medical, sexual, & behavioral healthcare. (857) 654-1000

After hours - (781) 221-6565

Dimock Center – Comprehensive care. Sexual & behavioral health. Housing services. (617) 442-8800

Eliot Human Services – Homeless services, behavioral/mental healthcare, disability healthcare, pregnancy/childcare support, children/family services, residential programs, suicide prevention. (781) 388-6200

Fenway Health – Provides primary care and sexual health care - (617) 267-0900

The GenderCare Center at Boston Medical Center – Provides comprehensive gender-affirming care (617) 638-1833

MassHealth Enrollment & Customer Service – (800) 841-2900

Mystic Valley Public Health Coalition – (781) 393-2449

BEHAVIORAL HEALTHCARE SERVICES

Advocates Community Counseling - (508) 628-6300 24hr crisis support: (800) 640-5432

National Alliance on Mental Illness (NAMI) COMPASS Helpline – (617) 704-6264 or (800) 370-9085

MA Behavioral Health – For MassHealth members. (617) 790-5002 ext. 1000

South Bay Community Services (Malden) – (781) 851-2648

North Suffolk Mental Health Associates - (617) 889-3300 (Chelsea) / (781) 289-9331 (Revere) / (617) 569-3189 (East Boston) / (617) 912-7800 (Boston)

MILITARY VETERAN & ELDER SERVICES

Mystic Valley Elder Service - (781) 324-7705

Somerville Cambridge Elder Services - (617) 628-2601

Veterans Affairs Healthcare Clinic - (617) 248-1000

VIOLENCE & VICTIMS ASSISTANCE

Asian Task Force Against Domestic Violence - 24-Hour Multilingual Hotline - (617) 338-2355;

To learn more about shelter: (617) 338-2356

Boston Area Rape Crisis Center - Sexual assault (617) 492-7273

Jane Doe Domestic Violence - Sexual and domestic violence (617) 248-0922

National Domestic Violence Hotline - (800) 799-7233

The Network/La Red - LGBTQIA+ friendly. Provides safe houses. (617) 742-4911 or (800) 832-1901

RAINN National Sexual Assault Hotline - (800) 656-4673

RESPOND, Inc. - Domestic violence (617) 623-5900

SUBSTANCE USE DISORDER, ADDICTION & RECOVERY SERVICES

Addiction Referral Center (ARC) - (508) 485-4357

Alcoholics Anonymous - (617) 426-9444

Narcotics Anonymous - (866) 624-3578

CASPAR First Step Street Outreach - (617) 592-6895

Cambridge Health Alliance - Outpatient Program: (617) 591-6051; Opioid Use Nurse Helpline: (617) 591-6000

Faster Paths to Treatment at Boston Medical Center - Provides urgent connections to methadone, suboxone, sublocade; sexual health testing & prevention; wound care & more. Open 7 days: 8 am - 4pm. (617) 414-4580

Malden Overcoming Addiction (MOA) - Services locator & advocacy (781) 838-2203

Mass Substance Use Helpline - Services locator, information & referrals (800) 327-5050

Project ASSERT - Providing access/connections to inpatient treatment (617) 414-4388

Providing Access to Addictions Treatment, Hope and Support (PAATHS) - Services locator, information & referrals. (617) 534-3599

SMART Recovery - (866) 951-5357

Supportive Place for Observation and Treatment (SPOT) - If you are ever in Boston and feel over-sedated, please go to SPOT for medical monitoring & compassionate care. M-F 9am-4pm. (857) 654-1005

YOUTH/ADOLESCENT HEALTH & SUPPORT SERVICES

Beth Israel Lahey Health Children, Youth + Family Services - Behavioral healthcare & support services: (978) 968-1700. Psychiatric Emergency: (866) 523-1216

Bridge Over Troubled Waters (Youth between 14-24) - (617) 423-9575

Child-at-Risk - Mass Department of Children & Families emergency line. (800) 792-5200

National Runaway Safeline - Advice for parents & children. (800) 786-2929

Phoenix House - Youth, family, adult rehabilitation & behavioral healthcare. (888) 671-9392 or (888) 392-7867

Trevor Project - LGBTQ+ lifeline. (866) 488-7386

Y2Y Harvard Square - Youth shelter (617) 864-0795

SHELTERS & CENTERS

Boston Night Center - (857) 296-0322

112 Southampton Street Shelter - Men's shelter in Boston (617) 534-6100

Cambridge Warming Center - (857) 292-1870

Cardinal Medeiros Center - For adults 45+ only. (617) 619-6960

CASPAR Emergency Services Center/Shelter - (617) 661-0600

Community Day Center of Waltham - (781) 392-6311

Malden Warming Center - (781) 480-3459

Pine Street Inn - Men's shelter in Boston (617) 892-9100

Revere Warming Center - (781) 873-9957

Rosie's Place - Women's shelter in Boston (617) 442-9322

Somerville Warming Center - (781) 870-0037

St. Francis House - (617) 457-1002

Women's Lunch Place - For women only. (617) 267-1722

Woods Mullen - Women's Shelter in Boston (617) 534-7101

